



## What will we be doing?

With the support from the Pleasant Hill Church in Pleasant Hill, Tennessee we will be working with the Appalachian community in need to provide the following:

- \*Caulking of homes to help with heating and AC cost
- \*Light home repair
- \*Light construction
- \*Painting

## What's Included in the Cost?

Cost \$80 per youth

This cost covers: food, lodging, transportation, and supplies for mission projects, Cumberland County Playhouse ticket, and horse back riding

## What to Pack

- Sleeping bag or air mattress
- Pillow, sheets, blanket
- Clothes to work in (shorts that are mid-thigh, t-shirts with sleeves, tennis shoes)
- Swimsuit
- Clothes for playhouse
- Toiletries
- Any medication you take daily

Other money needed for:

Lunch on Sunday

Lunch on Thursday

Register Online at:

<https://goo.gl/forms/iRRWnXx5my3YHMns2>

MIDDLE SCHOOL



MISSION TRIP

## "Serving One Another In Love" Galatians 5:13

**Where:** Pleasant Hill, Tennessee

**When:** July 9-13

**Who:** Rising 6th–Rising 8th graders

**Cost:** \$80 per youth

**Advisors & Leaders for the Trip:**

Karyn Cherry and Tricia G. Lytle

**Mission Coordinator:**

Ted McKnight of Pleasant Hill Church

**Registration Link:** <https://goo.gl/forms/iRRWnXx5my3YHMns2>

**Registration Deadline April  
23, 2017**

*Due to the need to plan accordingly and prepare for mission projects, we require a minimum of 5 youth registered by April 23 to move forward with the trip. A maximum of 20 youth can attend. No registrations can be accepted after April 23. Thank you for your cooperation!*

## Top 5 Reasons to go on a Mission Trip

### 1. They Bring Youth Groups Together

“Together” is a powerful word. Think of “together” as glue – the more broadly it’s spread, the better a youth group will bond. Mission trips apply “together” to students’ sense of adventure, their desire to serve, their relationship with God, their daily experiences, their broken comfort zones and much more

### 2. Mission Trips Broaden Perspectives

Pulling teenagers from their typical context helps them understand that the world is larger than their daily lives would have them believe. By beginning to understand another setting, their own context comes into truer focus.

### 3. Mission Trips Challenge Comfort Zones

Beyond broadening perspectives, mission trips demand that teenagers participate. Painting a house, playing with kids, serving a meal, sleeping on an air mattress, experiencing a new culture – these are a few examples of ways comfort zones are crossed. But when coupled with intentional processing and worship, mission trips have the unique ability to challenge students’ comfortable perceptions of God and the world. Faith steps beyond the doors of the church and demands to be applied to real-world living.

### 4. Mission Trips Empower Students-

Mission trips help students take ownership and initiative. Eyes are opened. Passions are ignited. Possibilities are exposed. Pursuits begin. Mission trips help teenagers see what they are capable of.

### 5. Mission Trips Create Sacred Space-

For many teenagers, mission trips represent a time and a place when God worked in and through their lives.

## Sample Schedule

**Sunday**—leave Unity @ 1pm

Arrive TN around 5:30

Grocery Shopping and Dinner

Orientation

Educational Program about Appalachian Community

Back home group and Evening Devotion

**Monday - Wednesday**

8am- Breakfast

(morning devotion)

9am-2pm Work Camp

2-3 – Back home, clean up

3-5 -Recreation –  
Swimming, Horseback Riding

6pm – Dinner

7pm – Evening activities with youth and community

**One night** – Cumberland County Playhouse

9pm – Back home group, evening devotion

**Thursday**

Depart

Arrive home around 2pm

## Facts about Pleasant Hill, TN.

Population - 563.

- It is 1.5 sq. miles
- It is a poverty stricken area where:
- 24% of the population live in poverty
- 80% of children who live below the poverty level
- 10.5% of people live at 50% below the poverty level
- 76.3% of population are less than high school graduates
- Average age of residents is 74.6

